

Joyner Test Prep and Tutoring

Student ACT/SAT Contract

This contract between _____ and _____ Rachel Joyner _____ begins on _____.

ASSIGNMENTS: You will be provided with homework after each session and it is expected that you complete your assignment before the next session. You will also be asked to take timed practice tests at home from time to time to monitor your progress. Failure to turn in homework or practice tests on a regular basis may result in you being released from the ACT/SAT Prep program.

COMMITMENT: I will do my best to provide you with the tools necessary to reach your ACT or SAT score goals. This goal can only be achieved with full commitment from you that you will practice and complete your assignments!

By signing this contract, you agree to invest the required weekly practice time (4-5 hrs), put forth your best effort, participate fully in the program, and adhere to the terms of this Contract. You also acknowledge that I cannot guarantee that you will achieve a certain score on the exam.

Student's signature indicates full commitment to program

Date

Minimizing Distractions while practicing on your own:

- Turn off cell phone, TV and other distracting devices

Managing Time:

- Use homework time for studying or reviewing notes daily
- Stick to a homework schedule (write in times in your HW log):

Monday from _____ to _____

Tuesday from _____ to _____

Wednesday from _____ to _____

Thursday from _____ to _____

Friday from _____ to _____

Weekend hours: _____

Staying Organized:

- Store all notes & homework materials in a 3-ring binder
- Use a weekly planner to schedule daily ACT/SAT practice time
- Create an assignment calendar

Understanding Work:

- Talk to my tutor about assignments I don't understand
- Contact your tutor via email or phone if in need of assistance

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Where do you want to go to College?

What would you like to major in?

What are your score goals?

SAT Math Score Goal =

SAT English Score Goal=

OR

ACT Math Score Goal:

ACT Science Score Goal:

ACT English Score Goal:

ACT Reading Score Goal:

Any other information I should know about you?



Step Four: Give It to Me Straight Doc, How Many Hours Do I Actually Have to Study?

Based on your goals, you can figure out how many hours you will probably need to study. Follow this handy dandy guide that shows the number of hours you should devote to poring over ancient tomes of SAT knowledge.

0-30 Point Improvement: 10 hours

30-70 Point Improvement: 20 hours

70-130 Point Improvement: 40 hours

130-200 Point Improvement: 80 hours

200-330 Point Improvement: 150 hours+

This is a **rough estimate**, so it obviously isn't perfect. We only have data for the current/old version of the test. Also, each student has different levels of development in terms of study habits and test strategies. We'll go into more detail later about factors that might lead to score variations given the same amount of study time.

But in our experience, this is roughly what it takes. **If you want to improve by around 30 points**, you'll be able to this with a light review, a single practice test, and [retaking the official test](#).

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Excerpted from: <http://blog.prepscholar.com/how-long-should-i-study-for-the-sat-6-step-guide>